

The benefits of filling your maintenance medications with a 90-day supply.



Filling a 90-day supply of maintenance medications, whether through mail order or at a retail pharmacy, offers several benefits:



Save Money

Your pharmacy benefit plan may offer lower copays or incentives when filling a 90-day supply compared to a 30-day supply. This can lead to significant savings over time.



Save Time

With a 90-day supply, you only need to refill your prescription(s) four times a year. This reduces the number of trips to the pharmacy. Most mail-order and retail pharmacies offer automatic refill services, ensuring you always have your medication without the need to reorder. If you use a mail-order pharmacy, your medication can be delivered directly to your door. This eliminates the need to visit a physical location altogether.



Stay on Track

With a larger supply on hand, you are less likely to miss a dose due to delays in getting your prescription(s) refilled. Staying consistent with your medication helps keep your treatment plan effective. This can provide better health outcomes.